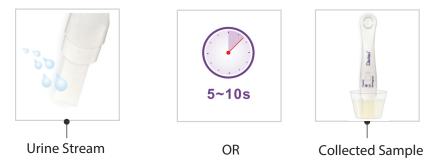


If you are testing before your expected period, use your first-morning urine, as it contains the most pregnancy hormone. If testing on the day of or any day after your expected period, you can test any time of the day.

1. Remove the test from the pouch and remove the Purple Cap. You can perform the test by either of two ways:

**Midstream Method**: Hold the device by the Thumb Grip with the Absorbent Tip pointed downwards directly in the urine stream. Keep the Absorbent Tip in the stream for 5 -10 seconds.

**Collected Sample Method:** Collect a sample of your urine in a clean, dry container. Hold the device by the Thumb Grip with the Absorbent Tip pointed downwards into the collected urine sample. Keep the tip submerged for 5-10 seconds.



- 2. Next, remove the test from your urine and immediately replace the Purple Cap on the Absorbent Tip. Lay the test on a flat surface until results are developed.
- 3. Results will develop over the course of 3 minutes. A 'Pregnant' result may be seen as early as 1 minute after testing. You must wait 3 full minutes to confirm a 'Not Pregnant' result. Do not interpret the results after 10 minutes.

